
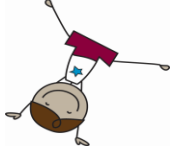
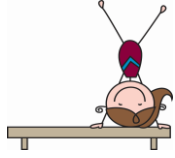














HOLIDAY PROGRAMME

WEEK 1

6th - 10th July 2020



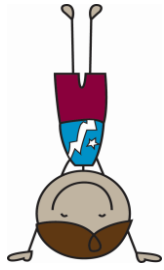
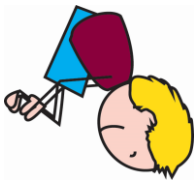
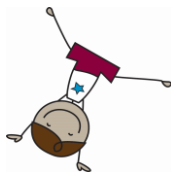











Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-8.30am	Kids arrive and parent/caregiver signs in. Help Coaches to set up				
8.30-9am	Games				
9am	Trampoline skills 	Cartwheels, roundoffs and aerials 	Bars and Beams 	Walkovers and Flicks 	Front tucks 
10.30am	Morning Tea				
10.45am	Medal making 	Mars bar slice 	Super hero day 	Toasties 	Salt paintings 
12.30pm	Lunch				
1pm	Free play				
1.30pm	Old fashioned games 	Scavenger hunt 	Superhero popsicle sticks 	Wooden string art 	Nerf challenge 
3pm	Clean up and afternoon tea				
3.30pm	Last chance to NAIL your gym skill from earlier OR Brain Challenges				
5pm	Hometime				

HOLIDAY PROGRAMME

WEEK 2

13th - 17th July 2020



Time	Tuesday	Wednesday	Thursday	Friday	
8-8.30am	Kids arrive and parent/caregiver signs in. Help Coaches to set up				
8.30-9am	Games				
9am	Handstands 	Front tucks 	Cartwheels, roundoffs and aerials 	Trampoline skills 	Walkovers and Flicks 
10.30am	Morning Tea				
10.45am	Chocolate chip cookies 	Fly catching frogs 	Raspberry and choc muffins 	Nerf targets 	Minute to win it games 
12.30pm	Lunch				
1pm	Free play				
1.30pm	Nerf challenge 	Hut building 	Code breakers and riddles 	Team challenges 	Hot chocolate gifts 
3pm	Clean up and afternoon tea				
3.30pm	Last chance to NAIL your gym skill from earlier OR Brain Challenges				
5pm	Hometime				