



# HGC TIMETABLE 2024

**Note: Please book your gymnast according to their current age.  
Gymnasts are placed in groups according to their abilities.**

## **BabyGym (parent/child) 6 months – 2 years – \$102/full term**

Monday 9.30 – 10.15am  
Thursday 9.30 – 10.15am

## **PlayGym (parent/child) 2 – 4 years - \$102/full term**

Monday 10.15 – 11.00am & 11.15 – 12.00pm  
Tuesday 2.15 – 3.00pm  
Wednesday 2.15 – 3.00pm  
Thursday 10.15 – 11.00am  
Friday 9.15 – 10.00am  
Saturday 9.00 – 9.45am

## **PlayGym Allstars 4 Years - \$160/full term**

Monday 9.15 – 10.15am 11.15 – 12.15pm  
Tuesday 1.15 – 2.15pm  
Thursday 9.15 – 10.15am  
Saturday 9.45 – 10.45am

## **D-Gym Disability Gymnastics \$155/full term**

Tuesday 3.15 – 4.00pm  
Wednesday 3.15 – 4.00pm

## **Girls Recreational Allstars Classes - \$192/full term**

Session time	4-5pm	5-6pm	6-7pm
<b>Monday</b>	5 – 7 years old	7 – 9 years old	9 – 13 years old
<b>Tuesday</b>	5 – 7 years old	5 – 9 years old	9 – 13 years old
<b>Wednesday</b>	5 – 7 years old	5 – 9 years old	9 – 13 years old
<b>Thursday</b>	5 – 7 years old	5 – 9 years old	9 – 13 years old
<b>Friday</b>	5 – 9 years old	5 – 9 years old	
Session time	11-12pm	12-1pm	1-2pm
<b>Saturday</b>	5 – 11 years old	5 – 9 years old	5 – 9 years old

## **Boys Recreational Allstars Classes - \$192/full term**

Session time	4-5pm	5-6pm	6-7pm
<b>Monday</b>	5 – 7 years old	7 – 10 years old	10 – 14 years old
<b>Tuesday</b>	5 – 9 years old	9+ years old	
<b>Thursday</b>	5 – 7 years old	7 – 12 years old	
Session time	12-1pm	1-2pm	
<b>Saturday</b>	5 – 9 years old	7+ years old	

## **Gym Fit - \$150/full term**

Session time	6-7.30pm	6-7.30pm
<b>Monday</b>	11-13 years old	14-18 years old

### Tumbling Squad – Boys and Girls - \$192/full term

Session time	4-5pm	5-6pm	6-7pm	7-8pm
<b>Monday</b>				10 – 14 years old
<b>Tuesday</b>			6 – 9 years old	10 – 14 years old
<b>Wednesday</b>	6 – 9 years old	6 – 9 years old	6 – 9 years old	
<b>Thursday</b>			6 – 9 years old	
<b>Friday</b>	7 – 11 years old			

### Acrobatic Gymnastics - \$192/full term

Session time	6-7pm	12-1pm
<b>Wednesday</b>	10+ years old	
<b>Saturday</b>		5 - 9 years old

### Trampoline – Boys and Girls - \$155/full term

Session time	4-5pm	5-6pm
<b>Wednesday</b>	5 – 9 years old	
<b>Friday</b>		7 – 12 years old

### GymKour – Boys and Girls

\$155/full term 45 min or \$192/full term 1 hour

Session time	3.45-4.30pm	4-5pm	4.30-5.30pm	5-6pm	6-7pm
<b>Monday</b>					8 - 14 years old
<b>Tuesday</b>					7 – 11 years old
<b>Wednesday</b>		6-9 years old		6-9 years old	
<b>Thursday</b>					8 - 14 years old
<b>Friday</b>	6-9 years old		7-11 years old		

### GymFit Adults Classes - \$22 per session 1.5 hours or \$180/full term

Session time	
<b>Monday &amp; Thursday</b>	7.15-8.45pm

### Invitation Only Classes:

#### Invitational Tumbling Squad

Boys and Girls Wednesday

**\$245 / full term**

6.00-7.30pm

#### Girls Invitational Squad Classes

5 – 8 years Monday and Thursday

**\$335 / full term**

4.15 – 5.45pm

9 – 11 years Monday and Thursday

5.45 – 7.15pm

11+ years Monday and Thursday

7.15 – 8.45pm

#### Boys Invitational Squad Classes

5-10 years Monday and Thursday

**\$335 / full term**

4.15 – 5.45pm

9+ years Monday and Thursday

5.45 – 7.15pm

#### Invitational GymKour Classes

Boys & Girls Thursday

**\$245 / full term**

7.00-8.30pm

To register and book classes, visit our website, [www.howickgym.co.nz](http://www.howickgym.co.nz)

Phone (09) 576-8400 / [enquiries@howickgym.co.nz](mailto:enquiries@howickgym.co.nz)