

**HOWICK  
GYMNASTICS  
DECEMBER  
HOLIDAY  
PROGRAMME**

**WEEK ONE**

**COST: \$55.00 PER DAY  
AGES 5+ WELCOME  
NO GYMNASTICS  
EXPERIENCE  
NECESSARY**

**MONDAY**

**16TH DECEMBER**

**NO  
PROGRAMME  
TODAY**

**TUESDAY**

**17TH DECEMBER**

**Arrival Games & Warm Up**

**TRAMPOLINE**

**Xmas Squishy Decorating**

**LUNCH**

**Xmas Scavenger Hunt**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**18TH DECEMBER**

**Arrival Games & Warm Up**

**FRONT TUCKS**

**Candy Wreaths**

**LUNCH**

**Xmas Codes & Puzzles**

**AFTERNOON TEA &  
FREE TIME**

**THURSDAY**

**19TH DECEMBER**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**Xmas Suncatchers**

**LUNCH**

**Nerf Wars**

**AFTERNOON TEA &  
FREE TIME**

**FRIDAY**

**20TH DECEMBER**

**Arrival Games & Warm Up**

**CARTWHEELS**

**Santa Hat Brownies**

**LUNCH**

**Xmas Card Making**

**AFTERNOON TEA &  
FREE TIME**

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**WEEK ONE**

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NECESSARY**

**MONDAY**

**23RD DECEMBER**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**Xmas Tree Baking**

**LUNCH**

**Xmas Minute to Win It**

**AFTERNOON TEA &  
FREE TIME**

**TUESDAY**

**24TH DECEMBER**

**Arrival Games & Warm Up**

**TRAMPOLINE**

**Xmas Decorations**

**LUNCH**

**Xmas Scavenger Hunt**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**18TH DECEMBER**

**THURSDAY**

**19TH DECEMBER**

**FRIDAY**

**20TH DECEMBER**

**GYMNASIUM CLOSED  
UNTIL 6TH JANUARY**

**HOWICK  
GYMNASTICS  
JANUARY  
HOLIDAY  
PROGRAMME**

**WEEK TWO**

**COST: \$55.00 PER DAY  
AGES 5+ WELCOME  
NO GYMNASTICS  
EXPERIENCE  
NECESSARY**

**MONDAY**

**6TH JANUARY**

**Arrival Games & Warm Up**

**BEAMS & BARS**

**Trick Shot Challenges**

**LUNCH**

**Scavenger Hunt**

**AFTERNOON TEA &  
FREE TIME**

**TUESDAY**

**7TH JANUARY**

**Arrival Games & Warm Up**

**TRAMPOLINE**

**Sherbet Surprise**

**LUNCH**

**Nerf Challenges**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**8TH JANUARY**

**Arrival Games & Warm Up**

**FRONT TUCKS**

**Chocolate Chip Muffins**

**LUNCH**

**Board & Card Games**

**AFTERNOON TEA &  
FREE TIME**

**THURSDAY**

**9TH JANUARY**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**Green Thumb Gardening**

**LUNCH**

**Amazing Race**

**AFTERNOON TEA &  
FREE TIME**

**FRIDAY**

**10TH JANUARY**

**Arrival Games & Warm Up**

**CARTWHEELS**

**Wet & Wild Water Day**

**LUNCH**

**Team Challenges**

**AFTERNOON TEA &  
FREE TIME**

**HOWICK  
GYMNASTICS  
JANUARY  
HOLIDAY  
PROGRAMME**

**WEEK THREE**

**COST: \$55.00 PER DAY  
AGES 5+ WELCOME  
NO GYMNASTICS  
EXPERIENCE  
NECESSARY**

**MONDAY**

**12TH JANUARY**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**Sports Carnival**

**LUNCH**

**Detective Training**

**AFTERNOON TEA &  
FREE TIME**

**TUESDAY**

**13TH JANUARY**

**Arrival Games & Warm Up**

**ROLLS**

**Cake Pop Decorating**

**LUNCH**

**Minute to Win it Games**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**15TH JANUARY**

**Arrival Games & Warm Up**

**CARTWHEELS**

**Rice Krispie Treats**

**LUNCH**

**Treasure Hunt**

**AFTERNOON TEA &  
FREE TIME**

**THURSDAY**

**16TH JANUARY**

**Arrival Games & Warm Up**

**BEAMS & BARS**

**Ninja Warrior Training**

**LUNCH**

**Ninja Warrior Course**

**AFTERNOON TEA &  
FREE TIME**

**FRIDAY**

**17TH JANUARY**

**Arrival Games & Warm Up**

**TRAMPOLINE**

**Calzone Pizza Making**

**LUNCH**

**Nerf Wars**

**AFTERNOON TEA &  
FREE TIME**

**HOWICK  
GYMNASTICS  
JANUARY  
HOLIDAY  
PROGRAMME**

**WEEK FOUR**

**COST: \$55.00 PER DAY  
AGES 5+ WELCOME  
NO GYMNASTICS  
EXPERIENCE  
NECESSARY**

**MONDAY**

**20TH JANUARY**

**Arrival Games & Warm Up**

**PARKOUR**

**Fruit Kebabs**

**LUNCH**

**Amazing Race**

**AFTERNOON TEA &  
FREE TIME**

**TUESDAY**

**21ST JANUARY**

**Arrival Games & Warm Up**

**BEAMS & BARS**

**Smoothie Making**

**LUNCH**

**Puzzles & Riddles**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**22ND JANUARY**

**Arrival Games & Warm Up**

**MINI-TRAMP**

**Wet & Wild Water Day**

**LUNCH**

**Fort Wars**

**AFTERNOON TEA &  
FREE TIME**

**THURSDAY**

**23RD JANUARY**

**Arrival Games & Warm Up**

**HANDSTANDS**

**Icy Treats**

**LUNCH**

**Team Challenges**

**AFTERNOON TEA &  
FREE TIME**

**FRIDAY**

**24TH JANUARY**

**Arrival Games & Warm Up**

**FRONT TUCKS**

**Chocolate Bark Creations**

**LUNCH**

**Fear Factor**

**AFTERNOON TEA &  
FREE TIME**

**HOWICK  
GYMNASTICS  
JANUARY  
HOLIDAY  
PROGRAMME**

**WEEK FIVE**

**COST: \$55.00 PER DAY  
AGES 5+ WELCOME  
NO GYMNASTICS  
EXPERIENCE  
NECESSARY**

**MONDAY**

**27TH JANUARY**

**AUCKLAND  
ANNIVERSARY  
DAY**

**NO  
PROGRAMME**

**TUESDAY**

**28TH JANUARY**

**Arrival Games & Warm Up**

**TRAMPOLINE**

**Ninja Warrior Training**

**LUNCH**

**Ninja Warrior Course**

**AFTERNOON TEA &  
FREE TIME**

**WEDNESDAY**

**29TH JANUARY**

**Arrival Games & Warm Up**

**PARKOUR**

**Chocolate Chip Biscuits**

**LUNCH**

**School Yard Games**

**AFTERNOON TEA &  
FREE TIME**

**THURSDAY**

**30TH JANUARY**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**Science Experiements**

**LUNCH**

**Treasure Island**

**AFTERNOON TEA &  
FREE TIME**

**FRIDAY**

**31ST JANUARY**

**Arrival Games & Warm Up**

**WALKOVERS & FLICKS**

**T-Shirt Decorating**

**LUNCH**

**Quizzing Mania**

**AFTERNOON TEA &  
FREE TIME**