

GIRLS & BOYS RECREATIONAL ALLSTAR CLASS TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Girls Recreational All Stars Gymnastics Class (Use of Floor, Beam, Bar, Vault)	Girls 5-8 years 4-5pm	Girls 5-7 years 4-5pm	Girls 5-8 years 4-5pm	Girls 5-7 years 4-5pm	Girls 5-9 years 4-5pm	Girls 5-14 years 11-12pm
	Girls 5-9 years 5-6pm	Girls 5-9 years 5-6pm	Girls 5-9 years 5-6pm	Girls 5-9 years 5-6pm	Girls 5-9 years 5-6pm	Girls 5-11 years 12-1pm
	Girls 9-14 years 6-7 pm	Girls 9-14 years 6-7 pm	Girls 9-14 years 6-7 pm	Girls 9-14 years 6-7 pm	\$200/full term	Girls 5-11 years 1-2pm
	\$200/full term	\$200/full term	\$200/full term	\$200/full term		\$200/full term
Boys Recreational All Stars Gymnastics Class (Use of Floor, Vault, Rings, Bar & Parallel Bars)	Boys 5-7 years 4-5pm	Boys 5-9 years 4-5pm		Boys 5-7 years 4-5pm		Boys 5-9 years 12-1pm
	Boys 5-10 years 5-6pm	Boys 9 - 14 years 5-6pm		Boys 5-12 years 5-6pm		Boys 8-14 years 1-2pm
	Boys 9-14 years 6-7pm	\$200/full term		\$200/full term		\$200/full term
	\$200/full term					

TRAMPOLINE, TRICKS & TRAMP, STRENGTH & CONDITIONING & ADULTS CLASS TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trampoline Classes (Use of Large Tramp & Mini-Tramp)	Trampoline 5-9 years 4-5pm \$200/full term		Trampoline 5-9 years 5-6pm \$200/full term		Trampoline 5-12 years 4-5pm 7-12 years 5-6pm \$200/full term	
Strength & Conditioning						Strength & Conditioning 5 - 14 years 12-1pm \$200/full term
Tricks & Tramp Classes (Use of Large Tramp & Gymnastics Equipment)		Tricks & Tramp 6 -11 years 5-6pm \$200/full term		Tricks & Tramp 9 -14 years 6-7pm \$200/full term		
Adults Gym Fit (Self-Paced & Coach Led Gymnastics Fitness Sessions)	Adults Gym Fit 18+ years 7.15-8.45pm \$25 per session or \$180/full term					

GYMKOUR, TUMBLING & TEEN GYM FIT CLASS TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GymKour Classes (Mixture of Parkour & Gymnastics)	GymKour 6-9 years 5-6pm \$200/full term	GymKour 8-13 years 6-7pm 10-14 years 7-8pm \$200/full term		GymKour 6-9 years 4-5pm 7-12 years 5-6pm \$200/full term	Tumble Fusion 5-10 years 5-6pm \$200/full term	GymKour 6-9 years 1-2pm \$200/full term
Tumbling Classes (Using Floor, Mini-Tramp & Tumble Track)	Tumbling 10-14years 6-7pm \$200/full term	Tumbling 6-9 years 6-7pm 10-14 years 7-8pm \$200/full term	Tumbling 6-9 years 4-5pm 5-6pm 10-14 years 7-8pm \$200/full term	Tumbling 6-9 years 6-7pm \$200/full term	Tumbling 6-9 years 4-5pm \$200/full term	
Teenage Gym Fit (Self-Paced & Coach Led Gymnastics Fitness Sessions)	Teen Gym Fit 11-15 years 6-7.30pm \$255/ full term			Teen Gym Fit 11-15 years 6-7.30pm \$255/ full term		